

Villa Maria-thon

5-K Run & 2-mile Walk

Saturday, June 3, 2017, 9:00 a.m.
Registration opens at 7:30 a.m.
(Rain or Shine)

Find updated information at...

www.vmesec.org

Villa Maria, 2067 Evergreen Rd,
 Villa Maria, PA 16155
 724-964-8886

dstiger@humilityofmary.org

If using a GPS, enter
 2067 Evergreen Rd.,
 Pulaski, PA 16143



Villa Maria Education and
 Spirituality Center

AGE GROUPS:

- 14 and under
- 15-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60 and over

EXTRAS!

- ◆ 50/50 Raffle
- ◆ Chinese Raffle
- ◆ Food/Beverages Provided for Runners/Walkers
- ◆ Farm Greenhouse Garden Plants & Flowers for Sale
- ◆ Villa Shoppe Fair Trade Goods for Sale
- ◆ Drum Circle

Costs and Benefits

5-K Run: \$15 if paid by May 18, \$20 after May 18

2 Mile Walk: \$10 if paid by May 18, \$15 after May 18

- 1st-3rd place awards for male and female runners in all age groups and overall
- T-shirts and refreshments for registrations paid by May 18
(T-shirts and refreshments not guaranteed for post May 18 registrations, but we'll try to provide)
- 6 Chinese Raffle Tickets (Runners & Walkers)

50 Yard Dash: Free (Participants may order a T-shirt for \$5.00 by May 18)

Support the charitable work of Villa Maria Education & Spirituality Center:

- Summer Camps for Children from Low-Income Families
- Service Programs partnering with Habitat for Humanity, The Rescue Mission and St. Vincent DePaul Soup Kitchen
- Youth Retreats and Educational Programs
- Adult and Family Retreats and Programs

Your participation also supports:

Villa Maria Farm, which donates half of its organic produce to feed the hungry

The Villa Shoppe, a Fair Trade Ministry of the Sisters of the Humility of Mary supporting small business cooperatives

Name: _____ Age: _____ Sex (circle one): **M** **F** State: _____

Address: _____ City: _____

Zip Code: _____ Phone: _____ Email: _____

Check one: 5-K Run _____ 2 Mile Walk _____ 50 Yard Children's Race _____

T-shirt: Adult Small _____ Med _____ Lg _____ XLg _____ ^(\$5.00) Child Small _____ Med _____ Lg _____

WAIVER (MUST BE SIGNED) In consideration of the acceptance of my entry, I, for myself, my executors, administrators, and assignees, do release, discharge, and hold harmless Villa Maria Education & Spirituality Center and its officers, directors, volunteers, staff, and sponsors, from any and all claims, damages, demands, or causes of action whatsoever in any manner directly or indirectly arising out of or related to my participation in said athletic event; I am physically fit and have sufficiently trained to participate in this event. By signing below I give permission without compensation to use my likeness in photographs and/or videos for purposes of promoting Villa Maria Education & Spirituality Center. I agree to abide by all the rules of participation and acknowledge that the race committee may refuse or return any entry at its discretion.

Signature: _____ Date: _____

(A parent or legal guardian must sign for all participants under the age of 18).

Make check payable to VMESC. Mail form and payment to: Villa Maria-thon, PO Box 424, Villa Maria, PA 16155

You may also download this printable form or pre-register on line at www.vmesec.org.